

MAINE SEAFOOD FOR EVERY SEASON
Maine Sea Grant, June 2014

■ In season
 ■ Peak season

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	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb
alewife, blueback herring		■	■	■								
black sea bass*			■	■	■	■	■	■				
bluefish			■	■	■	■	■	■				
crab	■	■				■	■	■	■	■	■	■
cod	■				■	■	■	■				
clams, hard	■											
clams, soft-shell	■	■	■									
dogfish			■									
eel	■											
flounder, plaice	■	■	■	■	■	■	■					
flounder, winter	■											
flounder, witch	■											
flounder, yellowtail	■		■									
hake	■				■	■	■	■				
haddock	■											
halibut, Atlantic	■		■	■								
herring	■			■	■	■						
lobster	■				■	■	■	■	■			
mackerel												
monkfish	■	■						■	■	■	■	■
mussels	■	■	■					■	■	■	■	■
oysters	■						■	■	■	■	■	■
periwinkles & whelks	■											
pollock	■											
redfish	■											
salmon	■											
sea scallops	■	■	■							■	■	■
sea urchin	■									■	■	■
sea vegetable	■											
shad			■	■	■							
shark				■	■	■	■					
shrimp	■	(no season in 2013-14)										■
skate	■	■	■	■	■	■	■	■	■	■	■	■
smelt	■	■	■							■	■	■
squid	■	■	■	■	■	■	■	■	■	■	■	■
striped bass*												
swordfish				■	■	■						
tuna				■	■	■	■	■				

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alewife, blueback herring	In season April & June; peak season May
black sea bass*	In season May, June, September & October, peak season July & August
bluefish	In season May – October
crab	In season all year round; peak season September – December
cod	In season all year round; peak season July–October
clams, hard	In season all year round
clams, soft-shell	In season all year round; peak season March–May
dogfish	In season May – October
eel	In season all year round
flounder, plaice	In season all year round; peak season April–September
flounder, winter	In season March–November
flounder, witch	In season all year round
flounder, yellowtail	In season November–May
hake	In season all year round; peak season July–November
haddock	In season all year round
halibut, Atlantic	In season all year round; peak season May and June
herring	In season all year round; peak season June–August
lobster	In season all year round; peak season July–November
mackerel	In season May–October
monkfish	In season all year round; peak season November and December
mussels	In season all year round; peak season October–April
oysters	In season all year round; peak season September–November
periwinkles & whelks	In season all year round
pollock	In season all year round
redfish	In season all year round
salmon	In season all year round
sea scallops	In season all year round; peak season December–March
sea urchin	In season September–November; peak season December–March
sea vegetable	In season all year round
shad	In season May and July; peak season June
shark	In season June–September
shrimp	In season all year round, except there was no season in 2013–2014
skate	In season all year round
smelt	In season all year round; peak season November–May
squid	In season all year round
striped bass*	In season June–September
swordfish	In season June–August
tuna	In season June–October