SOUTHERN MAINE

VOLUNTEER BEACH PROFILE MONITORING PROGRAM

2019 Monitoring Schedule

Please note:

1. The times listed are approximated low tides. Depending on how long it takes your team to profile all the lines on your beach you will probably want to begin profiling 1.5 to 1 hour prior to low tide.
2. The dates and times listed below are recommendations; please adapt the schedule as your team finds necessary. While our goal is to having profiling conducted during some of the lowest tides of the month, this is sometimes not possible. Dates recommended are chosen to accommodate working schedules, daylight hours, holidays, etc.
3. Let me know if you need any equipment 207-330-0604 or emily@wellsnerr.org
4. As always, thank you for your continued dedication to the program!

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| Dates | Low Tide Times | Tide Heights (feet) |
| Wednesday, January 16 | 12:38 pm  | 0.8 |
| Thursday, January 17 | 1:36 pm | 0.3 |
| Friday, January 18 | 12:31 ppm | -0.3 |
| Saturday, January 19 | 3:24 pm | -0.9 |
|  |  |  |
| Thursday, February 14 | 12:00 pm | 0.6 |
| Friday, February 15 | 1:03 pm | 0.2 |
| Saturday, February 16 | 2:05 pm | -03 |
| Sunday, February 17 | 3:02 pm | -0.9 |
|  |  |  |
| Thursday, March 14 | 11:29 am | 0.5 |
| Friday, March 15 | 12:31 pm  | 0.4 |
| Saturday, March 16 | 1:37 pm | 0.2 |
| Sunday, March 17 | 2:41 pm | -0.2 |
| Monday, March 18 | 3:41 pm | -0.8 |
|  |  |  |
| Thursday, April 11 | 10:10 am  | 0.2 |
| Friday, April 12 | 11:08 am | 0.3 |
| Saturday, April 13 | 12:11 pm | 0.3 |
| Sunday, April 14 | 1:16 pm | 0.1 |
| Monday, April 15 | 2:20 pm | -0.2 |
|  |  |  |
| Thursday, May 9 | 9:02 am | -0.3 |
| Friday, May 10 | 9:55 am  | -0.2 |
| Saturday, May 11 | 10:53 am | -0.1 |
| Sunday, May 12  | 11:54 am | 0.0 |
| Monday, May 13 | 12:57 pm | 0.0 |
|  |  |  |
| Thursday, June 13 | 2:38 pm | 0.1 |
| Friday, June 14 | 3:33 pm | 0.1 |
| Saturday, June 15 | 4:24 pm | 0.2 |
| Sunday, June 16 | 5:13 pm | 0.3 |
| Monday, June 17 | 5:59 pm | 0.5 |
|  |  |  |
| Thursday, July 11 | 1:18 pm | 0.3 |
| Friday, July 12 | 2:18 pm | 0.5 |
| Saturday, July 13 | 3:15 pm | 0.5 |
| Saturday, July 14  | 4:08 pm | 0.7 |
| Monday, July 15 | 4:56 pm | 0.8 |
|  |  |  |
| Thursday, August 8 | 11:56 am | 0.2 |
| Friday, August 9 | 12:57 pm | 0.6 |
| Saturday, August 10 | 1:59 pm | 0.9 |
| Sunday, August 11 | 2:58 pm  | 1.0 |
| Monday, August 12 | 3: 52 pm | 1.0 |
|  |  |  |
| Thursday, September 5 | 10:31 am | 0.1 |
| Friday, September 6  | 11:32 am | 0.6 |
| Saturday, September 7 | 12:35 pm | 1.0 |
| Sunday, September 8  | 1:39 pm | 1.2 |
| Monday, September 9 | 2:39 pm | 1.3 |
|  |  |  |
| Thursday, October 3 | 9:07 am | -0.1 |
| Friday, October 4 | 10:03 am | 0.5 |
| Saturday, October 5 | 11:04 am | 1.1 |
| Sunday, October 6 | 12:08 pm | 1.4 |
| Monday, October 7 | 1:12 pm | 1.6 |
|  |  |  |
| Wednesday, November 20 | 10:43 am | 0.9 |
| Thursday, November 21 | 11:49 am | 0.6 |
| Friday, November 22 | 12:56 pm | 0.1 |
| Saturday, November 23 | 1:58 pm | -0.4 |
| Sunday, November 24 | 2:56 pm | -1.0 |
|  |  |  |
| Thursday, December 19 | 10:28 am  | 0.4 |
| Friday, December 20 | 11:35 am | 0.3 |
| Saturday, December 21 | 12:42 pm | -0.0 |
| Sunday, December 22 | 1:46 pm | -0.4 |
| Monday, December 23 | 2:45 pm | -0.8 |